

# Health Effects Of Mould Exposure



## HEALTH EFFECTS



Inhalation of fungal spores, fragments (parts), or metabolites (e.g. mycotoxins and volatile organic compounds) from a wide variety of fungi may lead to or exacerbate immunologic (allergic) reactions, cause toxic effects, or cause infections. The ability of the body to fight off infectious diseases may be weakened resulting in opportunistic infections.

## What makes us sneeze and wheeze?

